

IDEAS FOR SCHOOL

“Below are some ideas that have helped us at our school!”- Max and Jake Renke

The I Can't Eat “THAT” Club BOX

Our school has a box in the main office from The I Can't Eat “THAT” Club! This box is full of NON-FOOD treats. When a teacher has a student in their class on a restricted diet, they send that student to pick a prize out of the box for class rewards, birthday parties or other special events, when food is brought in that that student can not eat. This idea has been great for the kids at our school.

Frozen Cupcakes and Ice-Pops

Our school nurse lets us keep “CLEARLY MARKED” wrapped cupcakes and freezer pops in the freezer in her office. We go down to her office to defrost the cupcakes when we hear there is a party. Our NICE teachers have always helped to remind us when a party is going on. It is of course our mom's responsibility to make sure that they are kept wrapped safe and marked and *always* there.

Volunteering for Class MOM(or dad)

Our mom has always volunteered to be class mom, or at least help the class moms make sure that we will not be left out at school parties. Sometime my mom sends in all our food, matching what she can. Other times the class moms will buy the “SAFE” type of food item, *a brand name that is safe.

Shoe Box with “SAFE” Treats for Classroom

Our mom starts each school year by sending in a shoebox with “SAFE” food treats, cookies and candies, etc... “Clearly Marked” for when treats or rewards are given out unexpectedly. Most of our teachers have been nice enough to ask for a list of “SAFE” name brand treats or have even started thinking about NON-FOOD treats as well. We appreciate their efforts towards not leaving us out.

“SAFE” School Supplies

It is not safe for us to work with “FLOUR” for papier-mache or with baking in school. We provide the school with “SAFE” glue, that works better than flour and water for craft projects. Max's 3rd grade teacher use to use wallpaper paste too, she now plans to use our Blue Elmer's Glue from now on. It worked better! “I thought that was cool, having Celiac Disease actually helped someone find a better way to do something!”-Max

Wearing Rubber Gloves

As long as you are not allergic to Latex, then wearing rubber gloves, like doctors have, the thin kind while working with something that you are not sure it is “SAFE” can keep you from missing out on some fun. Shaving Cream and mixing stuff in science class for example. This is more for people who have a topical reaction or behavioral reaction to some foods.

Class Presentations

Children are humans and curious humans at that. Having Questions is 100% normal. So we think it is best to provide answers to questions that our classmates may have. We are sure you know the most frequently asked questions, but we sure have been surprised by some others. We believe that giving positive, clear and appropriate answers helps to allow the other student to feel more comfortable with us and vice versa. After our presentation the students usually stop asking questions, or sometimes they even seem to understand, or at least try to understand how we feel when we miss out on food things. They also stop being afraid that they can catch a food allergy, Celiac Disease, Diabetes, etc... That is one of the questions teachers sometimes do not realize students have. It is a real question for most young children. Think about it, how else would they know? They are just learning to read and write and learn about the world, they haven't moved to diseases and such yet. We also ask other children if they know others with food related issues. Most people know someone. This helps them understand that we are not “weird” or anything like that. So far we have been lucky and have not been teased. We hope this doesn't happen. Being different isn't easy, and being teased would be horrible. So we believe that EDUCATION is the best tool to help ourselves and *the whole class*. Our experience has also been that our classmates become very protective of us and help us stay “SAFE”. What a great way to make friends!

We have great friends here in Londonderry, NH

#504 Plan to protect the student and the school

Please ask your school about this protection plan. Doctor's records and special meetings are necessary to make sure that each student qualifies for this. We cannot give any advice about this plan, as we are only children.

**If you have any ideas to share with others,
please send them to us and we will post them here.**

Thanks for your help!

** We are children; we hold no responsibilities; please seek the advice of medical professional.
This information was brought to you from:*

“THAT” Kids' Company